Sport

Rangitoto College is proud of its sporting history and the many athletes it has nurtured throughout their time here. We do our best to provide a high standard of coaching and support to our athletes and in return we expect full effort and commitment.

The College provides over 45 different sports and students are strongly encouraged to participate throughout their time at the school. With an extensive range of sports on offer and with a focus on long-term healthy lifestyle choices, students are encouraged to unlock their potential and expand their talents.

SPORTS

- Archery
- Athletics
- Badminton
- Basketball
- Beach Volleyball
- Canoe Polo
- Cheerleading
- Cricket
- Cross Country running
- Cycling - Road
- Dragon Boating
- Equestrian
- Fencing
- Football - Boys and Girls
- Golf
- Gymnastics
- Hockey
- Martial Arts
- Mountain Biking
- Netball
- Orienteering
- Petanque
- Rock Climbing
- Rowing
- Rugby Boys & Girls/Tag/7's
- Rugby League
- Snow boarding
- Skiing
- Softball
- Squash
- Special Olympics
- Surfing
- Surf Lifesaving
- Swimming
- Table Tennis
- Tennis
- Touch
- Tramping
- Triathlon/Multisport
- Volleyball
- Weightlifting
- Waterpolo
- Windsurfing
- Yachting

RANGITOTO COLLEGE ATHLETE PERFORMANCE ACADEMY

Rangitoto College’s Athlete Performance Academy (APA) provides student-athletes with knowledge of what it takes to achieve in elite and professional sport, and the best opportunity to develop those characteristics.

APA is focused on long term athlete development integrated with high performance coaching, sport science and training, support networks, and exposure to real-world experiences. Rangitoto College aims to be the preferred college in New Zealand for student-athletes striving to succeed in sport on the world stage.

Student-athletes that will benefit from APA are those who:

- Dream of success on the world stage
- Are high achievers in their sport of choice
- Demonstrate talent across a range of activities
- Are motivated to improve and display high work ethic
- Aim to manage academic achievement alongside sport.

APA is a multi-tiered programme that meets the needs of different ages, stages of development, and performance levels. Our focus is “athlete-centred” rather than sport-centred, working to develop a holistic athlete focusing on their physical, technical, tactical and psychological attributes. Our goal is to support a long term strategy that covers the entire developmental pathway of the athlete. We are concerned about their sporting future as well as the present.”

To join, all students are required to complete the ONLINE APA Application Form with referees. New-to-school athletes may be required to trial, and current school athletes undergo ongoing talent identification and will be nominated to apply by APA and school team coaches. Final acceptance into the programme will require approval from the school Deans regarding academic and behavioural standards. If accepted, athletes are required to complete an APA Student Contract and uphold all responsibilities as detailed in the contract, and must represent the school in their chosen sport.

For more information on sports including playing sessions, please go to www.sporty.co.nz/rangitoto

Rangitoto College also offers a fully equipped Fitness Centre, available to all students to utilise (special conditions apply) and free on site physiotherapy.