

# Sport Performance Academy (SPA) Timetable Term 1 2024

## Tuesday

Time	SPA Sport	Location	Programme Dates
7.00am - 8.00am	Netball	Gym 3	Thursday 8th Feb - Tuesday 12th March
7.20am - 8.20am	Hockey	Hockey Turf	Tuesday 13th Feb - Thursday 19th March

## Wednesday

Time	SPA Sport	Location	Programme Dates
7.00am - 8.00am	Football	Field 2A (Field in front of the fitness centre)	Wednesday 7th Feb - Friday 12th April

## Thursday

Time	SPA Sport	Location	Programme Dates
7.00am - 8.00am	Netball	Gym 3	Thursday 8th Feb - Tuesday 12th March
7.20am - 8.20am	Hockey	Hockey Turf	Tuesday 13th Feb - Thursday 19th March

## Friday

<b>Time</b>	<b>SPA Sport</b>	<b>Location</b>	<b>Programme Dates</b>
7.00am - 8.00am	Football	Field 2A (Field in front of the fitness centre)	Wednesday 7th Feb - Friday 12th April