

Rangitoto College is proud of its sporting history and the many athletes it has nurtured throughout their time here. We do our best to provide a high standard of coaching and support to our athletes and in return we expect full effort and commitment. The College provides over 40 different sports and students are strongly encouraged to participate throughout their time at the school.

Sport	When is it offered?	Sport	When is it offered?
• Archery	<i>All year</i>	• Petanque	<i>All year</i>
• Athletics	<i>Terms 1 & 4</i>	• Rugby (<i>trials term 1</i>)	<i>Terms 2 & 3</i>
• Badminton	<i>Terms 2 & 3</i>	• Snow Boarding	<i>September</i>
• Basketball (<i>trials term 1</i>)	<i>Terms 2 & 3</i>	• Snow skiing	<i>September</i>
• Beach Volleyball	<i>Terms 4 & 1</i>	• Special Olympics	<i>All Year</i>
• Cheerleading	<i>Term 1</i>	• Swimming	<i>All year</i>
• Cricket	<i>Term 1 & 4</i>	• Table Tennis	<i>Terms 1, 2 & 3</i>
• Cross Country running	<i>All year</i>	• Tennis	<i>Terms 1 & 4</i>
• Cycling – Road	<i>All year</i>	• Touch Rugby – Seniors	<i>Term 1</i>
• Dragon Boating	<i>Term 1</i>	• Touch Rugby - Juniors	<i>Term 4</i>
• Equestrian	<i>Terms 1 & 4</i>	• Triathlon/Multisport	<i>Oct - April</i>
• Fencing	<i>All year</i>	• Volleyball - Juniors	<i>Term 4</i>
• Football (<i>trials term 1</i>)	<i>Terms 2 & 3</i>	• Volleyball - Seniors	<i>Term 1</i>
• Golf	<i>Feb - Aug</i>	• Water polo	<i>Terms 1 & 4</i>
• Hockey (<i>trials term 1</i>)	<i>Terms 2 & 3</i>	• Weightlifting	<i>All year</i>
• Mountain Biking	<i>Terms 1, 2 & 3</i>	• Yachting	<i>Term 1</i>
• Netball (<i>trials term 1</i>)	<i>Terms 2 & 3</i>		
• Orienteering	<i>Terms 1 & 2</i>		

Please note that although students can represent the school in these sports we do not provide coaching for all sports, e.g. Karate is practiced at a local dojo. Please visit www.sporty.co.nz/rangitoto for costs and more information about each sport.

Club Sports

• Canoe Polo	<i>Terms 1 & 3</i>	• Softball	<i>Term 4</i>
• Gymnastics	<i>Terms 2 & 3</i>	• Squash	<i>Terms 2 & 3</i>
• Judo	<i>All year</i>	• Surfing	<i>Term 1</i>
• Karate	<i>All year</i>	• Surf Lifesaving	<i>Term 1</i>
• Lawn Bowls	<i>All year</i>	• Tramping	<i>All year</i>
• Rock Climbing	<i>Terms 1, 2 & 3</i>	• Windsurfing	<i>All year</i>
• Rugby League	<i>Term 2 & 3</i>		

Special Sports Programmes (Rugby, Sailing and Sports Performance Academy)

The Sports Performance Academy (SPA) is focussed on long term athlete development integrated with high performance coaching, sport science and training, support networks, and exposure to real-world experiences.

<http://www.sporty.co.nz/rangitoto/academy-1>

The Rugby Programme for International Students combines academic school study with specialist rugby coaching and SPA training. <http://www.rangitoto.school.nz/international/studying-at-rangitoto/international-rugby-programme>

The Sailing Academy gives students the chance to learn the basics of sailing through one of New Zealand's best sailing clubs. <http://www.rangitoto.school.nz/international/studying-at-rangitoto/sailing-academy>